



A Note from our Director

🌍 Happy Earth Day! 🌍 Let's come together to celebrate our beautiful planet and commit to preserving it for future generations!

Spring has officially sprung and the weather is starting to take a turn! I hope you had a restful rejuvenating Spring Break and are ready to conquer the remainder of this school year. I spent Spring Break in the Bayou with my daughter and her family. We went to the Spring football game and got to hang out with some semi famous athletes like Flau'jae Johnson and Livvy Dunne! I had to remind myself they're barely 20 years old even though we see them in Amazon commercials and Times Square billboards! Anyway, we are almost at the end of April and so much has happened and there is a lot to celebrate and be excited about!



It's a great day to be an LSU fan from Connecticut! A congrats are in order for our very own UCONN Huskies!! Back to back champions is quite the accomplishment! In addition, The LSU Gymnastics team won their first NCAA title on Saturday afternoon! The greatest team to have never won. 33 Championship appearances and they finally did it!! Speaking of champions, we had our own first annual MPS 3 on 3 tournament at Manchester High School which was a huge success! Congratulations to our champions, Certified Lover Boys, Lance Stephens, Hasson Daniels, Evan Brown, and Enrique Lugo, and thank you to all of our participants! We hope to see more of you next year.

Ramadan ended with a beautiful Eid celebration! I hope it was full of good food and better company for all who celebrated! It has been a pleasure getting a closer look into the Ramadan Mubarak celebrations!

Today marks the beginning of Passover, a time of reflection, remembrance, and renewal for many. Wishing those celebrating a meaningful and joyous Passover.

Our Continuing Education Program has an important class coming soon! Women's Self Defense and Empowerment. This class will be held at Highland Park and you can find more information on how to register below.

We will be hosting our STEAM summer camp for the 7th year at a new location, Bennet Academy, for incoming grades 1-6. Registration is open and you can find more information about courses offered on our website.

My goal, as the weather gets nicer, is to go for a walk at least once a day. I don't use my break time often, but I am going to be mindful and make space for my personal health! I also have made a choice to transition to a plant based lifestyle. I know this will be challenging for me, but it is non negotiable. So if anyone has any tips to get started, send them my way! I hope you can find something small to do to uplift your mood, give yourself a break, and get a quick refresh however that may look for you!

Enjoy the rest of the month, and I hope to see you all in some of our classes or your children enrolled in camp soon!

With gratitude,
Dr. Diane D. Clare-Kearney

Weekly Poll

What do you look forward to most as it gets warmer?

Everything outdoors 🌿 🌳 🌻 🌻 🌻

Patio Dining and Lounging ☁️ 🍷 🍷 🍷

Warmer nights 🌙 🌙

One step closer to Summer 🌻 🌻 🌻 🌻

📅 Voting ends in 12 days

👁️ Votes are anonymous and results are private

Continuing Education Classes



Manchester
Adult and Continuing Education

**Women's Self
Defense &
Empowerment**

personal
enrichment

Mondays
6:00-7:00pm
5/13/24 - 6/17/25
No class on 5/27/24

\$64
Highland Park Elementary


All employees receive a 20% discount! Call us at 860-647-5075 to register before it's too late! Click the photos for more information on these courses!

Teacher's Take

Tamara's Take on the Importance of a STEAM camp

"Every scholar needs to be enriched through STEAM. The way technology is advancing, it is imperative they are keeping up so they are prepared for what life will look like after school! It's also important that they find the fun in learning about these things! At camp, we make learning about Science, Technology, Engineering, Arts, and Math exciting and captivating! In Use Your Noodle, the scholars may think they are just playing with pool noodles to make useful objects, but they are in fact engineering!! All scholars should have an opportunity to learn in this environment!"

Adventures in STEAM

A colorful poster for the Summer STEAM program. At the top left is the Manchester Adult and Continuing Education logo. The word 'SUMMER' is written in large, light blue, bubbly letters. Below it, the word 'STEAM' is written in large, colorful letters: 'S' is orange with a planet icon, 'T' is green with a circuit board, 'E' is pink with a compass, 'A' is blue with a pencil, and 'M' is red with a ruler. Below 'STEAM' is the text 'SCIENCE • TECHNOLOGY • ENGINEERING + ARTS • MATHEMATICS'. The pricing is listed as 'FULL DAY \$175' and 'HALF DAY \$100 per week'. At the bottom, it says 'July 29 - Aug 9' and 'LIMITED SPACE' with a clock icon. The background features a blue sky with clouds and green grass.

Manchester
Adult and Continuing Education

SUMMER

STEAM

SCIENCE • TECHNOLOGY • ENGINEERING + ARTS • MATHEMATICS

FULL DAY \$175
HALF DAY \$100
per week

July 29 - Aug 9

LIMITED SPACE

Registration STEAM is officially open!

You can find full class lists and course descriptions [here](#)! Classes are sorted by Week 1 and 2! You will find the class code next to each class listed. Each class code ends in the grade that the class is offered to!

Field Trip Fridays

ESL Students visit International Institute of Cosmetology

As part of MA&CE's Career Exploration *Field Trip Friday* Program, MA&CE students had the opportunity to visit the outstanding International Institute of Cosmetology, main campus in Plainville, CT, in which Director of Admissions, Laura S. Taylor, "rolled out the red carpet" for our students. Significant interest was expressed in visiting the Institute, a trip open to ALL MA&CE students, and ESL students Alba Lorena Giraldo, who worked as a hairstylist in her native Columbia and Giovanna Cunningham of Peru attended, accompanied by Case Manager, Stephany Hunt, and ESL



Coordinator, Roland Axelson. Read more about our students' experience [here](#).



Current Events

Certified Champions

UNDEFEATED!!!! An outstanding performance by "Certified Lover Boys" from Buildings and Grounds in our Inaugural 3-on-3 Staff March Madness Tournament! We would like to extend our deepest appreciation to all the players and MPS staff who helped make this event possible. We would also like to give a shout out to the "MHS Staff" team who gave everyone a run for the money! Please take a moment to check out pictures and videos from the tournament on our [Instagram](#) and [Facebook](#) pages. THANK YOU AND SEE YOU NEXT YEAR!!



Locked In



Through the Lane for 2



The Mane Event



10 Questions with...

10 Questions with Vanessa



GOT BOOKS?



Are you unsure what to do with books you've read? Have your children outgrown Goodnight Moon? Are you a kindle girlie?

We'll take them off your hands !

We have a free book library for our students in our PCs at Manchester High School. You can bring your gently used books to our office at 555 Main Street for us to distribute!

Contact Tamara at tamaras@mpspride.org with any questions!

"You are not done with a book until you pass it to another reader." - Donalyn Miller

Department of Race and Equity

Eid al-Fitr - Watch this 3 minute [video greeting](#) from all over the district including Adult Education and DRE!

MA&CE Mindfulness

Focus on the step
in front of you,
not the whole staircase.

Manchester
Adult and Continuing Education

4880

daytime
evening
online
available

**PEOPLE IN
MANCHESTER
WITHOUT A HS
DIPLOMA**

3

**WAYS TO
COMPLETE**

1

**PHONE CALL
TO START**

Free* Classes including CNA!

860-647-5075

Classes are free for Manchester residents;
\$75 non resident fee; Business Academy available
to **qualified, enrolled** Adult Education students

Keep up with us

FACEBOOK

INSTAGRAM

MA&CE WEBSITE

ADULT EDUCATION REGISTRATION FORM

Want your small business featured in our newsletter?

Fill out the form below

Support Local!

Do you own or operate small business? Does your family? We want to hear all about it and support you! Please fill out this form so a member of our team can contact you to be featured in our newsletter!

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* Indicates required question

Email *

Your email



Teighlor Clare-Kearney

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